

Join Over 4 Million Older Adults Who Love GetSetUp



GetSetUp provides virtual classes for older adults taught by peers – ask questions, make new friends, learn new things, and have fun. Our mission is to create an online platform that celebrates every older adult, offering opportunities for physical, mental, and social growth and enabling participation in communities with a renewed sense of joy, purpose, and fulfillment.

Try a FREE Online Class Today!

www.getsetup.io

5,000+ Online Classes Across Multiple Categories.

Mental Enrichment

- Creative Writing
- Heart Healthy Cooking

Social Connection

- Music Fun Hour
- Game Time

Technology

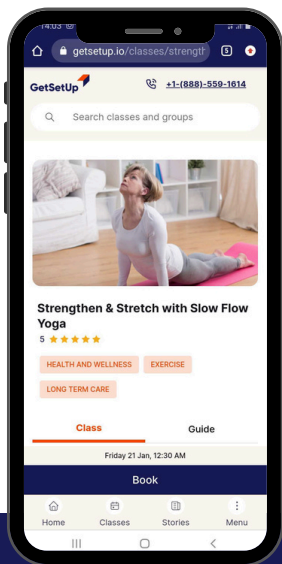
- iPhone Basics
- Google Search-Tips & Tricks

Physical Fitness

- Morning Fitness
- Core & Stretch Movement

Health and Wellness

- Face Yoga
- Energy & Purpose



Terri T.
GetSetUp Leaver

"I'm leading groups, taking nursing and social work classes to build my curriculum, and using my new Google Slide skills to present. Thank you, GetSetUp, for helping me to get my life back."